

## **12. Fish 4 Ever Line-fished White Tuna Fillet**

If you're really serious about sustainable practices on both land and at sea, then the Fish 4 Ever products are for you. This tuna, \$11.70 for 120 g, is line-caught, processed and packed straight from the catch, then cooked inside the tin so that no flavour or goodness escapes. The tuna is tasty, flaky and swims in quite a bit of oil. *For stockist details, visit [www.firstray.com.au](http://www.firstray.com.au).*

