

# Choose tuna that is healthy – for you and the environment

International environmental watchdog Greenpeace has awarded a “sustainable” ranking in its *Canned Tuna Guide* to an Australian company for the first time.

Fish 4 Ever's canned skipjack tuna received an 86.3 per cent score in the latest survey, making it the only independently assessed sustainable tuna in the Australian market.

Fish 4 Ever is imported from the UK by First Ray, a Melbourne-based company that

distributes organic, fair trade and sustainable foods nationally. First Ray co-founder, Sandy Abram said there was a growing awareness of sustainable tuna fishing and sales of their Fish 4 Ever range had grown by 40 per cent in the past year.

Fish 4 Ever's skipjack tuna is caught in the Maldives by local fishermen using a pole and line method, which avoids by-catch or harm to other species and the environment. 

